



# SSUK

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## Activity Planner

### 7 Areas of Early Years Development

Understanding the World	Literacy	Mathematics	Expressive Arts & Design
Communication & Language	Personal, Social and Emotional Development	Physical Development	

At SSUK Childcare we believe that by planning and providing a variety of activities based on the development of the 7 areas of Early Years Foundation Stage in a warm, consistent and enriching environment, a child can continue to progress and flourish as they discover themselves and their place in the world. We aim to create a balance of guided and self-led activities to give our children a chance at exploring and enjoying their own interests whilst also being exposed to new experiences, opportunities, and skills.

### Arts and Crafts Themes

Week / Wk. beg.	Theme
Mon 19 <sup>th</sup> Sep	London Fashion Week & The Queen
Mon 26 <sup>th</sup> Sep	Good To Be Me
Mon 3 <sup>rd</sup> Oct	Accessories
Mon 10 <sup>th</sup> Oct	Autumn
Mon 17 <sup>th</sup> Oct	Halloween

### Personal, Social and Emotional Activities

Term	Activity
Autumn 1	Mindfulness Meditations
	Breathing Brain Break
	Yoga
	Emotion and Mindset Explorations

Sports

Term	Activity
Autumn 1	Football
	Tennis
	Cricket
	Multi Sports
	Badminton
	Basketball
	Dance
	Yoga

Childcare Games and Activities

Term	Activity	Communication and Language	Personal Social Emotional Development	Physical Development	Expressive Arts and Design	Understanding the World	Literacy	Maths
Autumn 1	Story Time	■	■		■		■	■
	Story Innovations	■	■		■		■	■
	SSUK Quiz	■	■		■		■	■
	SSUK's Got Talent	■	■	■	■		■	■
	Role Play	■	■	■	■		■	■
	Lego Challenges	■	■	■	■			■
	Play Dough	■	■	■	■			
	Clay Modelling	■	■	■	■			
	Slime Sessions	■	■	■	■			
	Painting and Magic Painting	■	■	■	■			
	Board Games and Puzzles	■	■	■	■		■	■
	Team Games	■	■	■	■		■	■
	Jewellery and Key Chain Making	■	■	■	■			■
	Scooby Chain Making	■	■	■	■			■
	Cars and Train Tracks	■	■	■	■		■	■
	Building Games	■	■	■	■			■
	Working Memory Games	■	■	■	■		■	■
	Phonics and Word Building Games	■	■	■	■		■	■
Dance and Music Games	■	■	■	■			■	
Problem Solving Activities	■	■	■	■			■	